**Tugas: Membuat Aitem untuk Skala Psikologi**

**Instruksi**

1. Bacalah baik-baik definisi konstruk beserta dimensinya.
2. Bersama dengan kelompok, buatlah 5 aitem yang mencerminkan masing-masing dimensi.
3. Aitem boleh semuanya *favourable* terhadap konstruk, atau boleh juga dikombinasikan dengan aitem yang *unfavourable*
4. Waktu untuk membuat aitem adalah 40 menit

**Definisi Konstruk (*Impostor Phenomenon*):**

The impostor phenomenon describes a psychological experience of intellectual and professional fraudulence (Clance and Imes, 1978; Matthews and Clance, 1985). Individuals experiencing impostorism believe others have inflated perceptions of their abilities and fear being evaluated. Thus, they fear exposure as “frauds” with a perceived inability to replicate their success. This fear exists despite evidence of on-going success. Such individuals also discount praise, are highly self-critical and attribute their achievements to external factors such as luck, hard work or interpersonal assets, rather than internal qualities such as ability, intelligence or skills (Harvey, 1981; Matthews and Clance, 1985).

**Dimensi Konstruk**

Leary et al. (2000) acknowledge the three key attributes of traditional definitions of the impostor phenomenon—**the sense of being a fraud**, **fear of being discovered** and **difficulty internalizing success while behaving in ways that maintain these beliefs**.

| **Dimensi** | **No** | **Aitem** | **Un/Fav** |
| --- | --- | --- | --- |
| **The sense of being a fraud** | 1 |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |
| **Fear of being discovered** | 1 |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |
| **Difficulty internalizing success while behaving in ways that maintain these beliefs** | 1 |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |